

Community Resources - Local Meetings

City of Portsmouth Safe Water Advisory Group (SWAG)

- Meets quarterly at City Hall
- www.portsmouthnh.gov/citycouncil/safe-water-advisory-group

US Air Force Pease Restoration Advisory Board (RAB)

- Meets 2-3 times a year at Pease or in Newington
- Focuses on environmental investigation and remediation at and around Pease
- www.afcec.af.mil/What-We-Do/BRAC/Restoration-Advisory-Boards/Pease-RAB/

Agency for Toxic Substances and Disease Registry (ATSDR) Pease Community Assistance Panel (CAP)

- Has not been meeting regularly
- Focuses on Pease PFAS health study and human health impacts at Pease
- www.atsdr.cdc.gov/pfas/health-studies/pease-community-assistance-panel.html

Community Resources - State Commissions

- Commission on the Environmental and Public Health Impacts of Perfluorinated Chemicals – House Bill 737 - 2019 (2019 – November 1, 2029)
www.pfas.des.nh.gov/information-center/legislative-commission
- Seacoast Commission on Long-Term Goals and Requirements for Drinking Water – House Bill 495 - 2019 (2017 – November 1, 2029)
<https://gc.nh.gov/statstudcomm/details.aspx?id=1493%20&rbl=1&txtkeyword=seacoast>
- Commission to Study Environmentally Triggered Chronic Illness – Senate Bill 85 – 2019 (2019 – November 1, 2029)
<https://gc.nh.gov/statstudcomm/details.aspx?id=1468%20&rbl=1&txtbillnumber=SB85>

Community Resources - Private Wells

- Search “NH Be Well Informed” to learn about testing and treating water from private well for PFAS and other common contaminants

<https://www.des.nh.gov/water/drinking-water/private-wells>

- PFAS Removal Rebate Program for Private Wells

<https://www.pfas.des.nh.gov/funding/pfas-removal-rebate-program-private-wells>

- PFAS Sampling Dashboard - Results mapped statewide

<https://www.pfas.des.nh.gov/tabbed-content/pfas-sampling-dashboard>

If you're worried about personal exposure

- “PFAS in NH: What You Need to Know”

<https://www.pfas.des.nh.gov/sites/g/files/ehbemt586/files/inline-documents/2022-09/pfas-in-nh.pdf>

Community Resources - PFAS and health

PFAS Exchange website - <https://pfas-exchange.org/resources/>

PFAS Exposure and Health

- How to Reduce Your Exposure to PFAS
- How Can PFAS Affect Your Health
- PFAS and the Immune System: What Do We Know?

Health Monitoring

- Medical Screening Guidance – for people in PFAS-impacted communities
- Medical Screening Guidance – for clinicians
- Vaccine Response and PFAS Exposure – for people in PFAS-impacted communities
- PFAS Blood Testing: What You Need to Know
- Information About Blood Testing Laboratories – for individuals

NH State Law requires insurance companies to pay for PFAS blood testing

<https://www.insurance.nh.gov/news-and-media/blog/and-polyfluoroalkyl-substances-pfas>

Community Resources - websites

- City of Portsmouth DPW - www.portsmouthnh.gov/publicworks/water/drinking-water-quality
- NH DES PFAS Response website - www.pfas.des.nh.gov/
- EPA - PFAS www.epa.gov/pfas and Lead - www.epa.gov/lead
- Department of Defense (DoD) - www.acq.osd.mil/eie/eer/ecc/pfas/
- EWG - www.ewg.org/pfas-resources

Community groups:

- Testing for Pease - www.testingforpease.com
- Great Bay Changemakers - <https://greatbay.org/great-bay-changemakers/>

Other:

- EPA re: PFAS home water filtration - <https://www.epa.gov/system/files/documents/2024-04/water-filter-fact-sheet.pdf>
- City of Portsmouth Community Drinking Water Forum May 3, 2022 provides a general overview of the City water system and relevant topics:
https://www.youtube.com/watch?v=98ShsRM_UEo&t=5201s